

# May 2017



Dear Members,

This month we are delighted to share with you our new promotions, exciting upcoming events and what's new. We wish you a great month ahead.

## PROMOTIONS



## DIVANA PRODUCTS

With passion and expertise in the local wisdom of herbal treatment, Divana transforms petals of fresh blossoms, vitamin-rich aromatic plants and fine precious stones into daily wellbeing products to enlighten your day.

Select your preferred scent for your shower gel, shampoo, conditioner, body butter, massage oil and hand cream:

Four Organic Elements:

Prana Lemongrass (Air) – Amrita Jasmine (Water)  
Pitta Ginger Olive (Fire) – Dhevi Frangipani (Earth)

Oriental Signature:

Mango Mantra – White Orchid Holistic  
Queen of the night – Raya Vedic Rose

Now available at the JW's Health Club & Spa  
10% Off for Health Club Members

## Phytomer body sculpt treatment



A targeted treatment with radical results thanks to a latest generation body wrap and a focusing massage on the abdomen-buttocks-thighs area to detox, enhance skin tone and smoothness. A minimum of 3 treatments is recommended and 10 treatments for best result.

Normal Price: THB 2,700+- Special Offer THB 1,890+-  
Duration: 60 minutes

Offer valid until May 31, 2017

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## Phytomer Celluli Attack



A truly intensive treatment for cellulite, this high dermal absorption liquid concentrate combines the most effective contouring ingredients for a powerful attack on "orange peel skin" and cellulite dimpling in critical areas.

Results: Cellulite, orange peel skin and stubborn fat are half as visible in just 1 month

THB 4,300+ - 10% Off for Health Club members

## Stay Healthy with Quinoa!



**A complete protein and fantastic wheat-free alternative!**

Grown in South America (Peru, Chile and Bolivia) for thousands of years, quinoa forms the essential diet of the Incas and is now known as "Superfood". Quinoa is gluten-free, high in protein (twice the protein content of rice) and one of the few plant foods that contain all nine essential amino acids making it a complete-protein source. It is also high in fiber, magnesium, B-vitamins, iron, potassium, calcium, phosphorus, vitamin E and various beneficial antioxidants. Quinoa is among the least allergenic of all the grains, making it a fantastic wheat-free choice.

Before cooking quinoa, it is best to thoroughly wash the seeds to remove the saponins that can give a slightly bitter taste.

Cooked quinoa seeds become fluffy and creamy, yet maintains a slight crunch. It has a delicate and subtly nutty flavor, an excellent choice for lunch as a salad or dinner as a side.

JW MARRIOTT  
BANGKOK



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